

Overcoming Worry

(Matthew 6:25-34)

Sunday evening, October 9th

Believers worry about necessary stuff: life, health, family, jobs, material possessions, paying bills, relationships, success in life, and the future.

Jesus said, “Stop Worrying” (Matthew 6:25-34). Paul said, “Be anxious for nothing” (Phil 4:6). David said, “Fret not yourself” (Psalm 37:1, 7, 8).

1. Stop Worrying About Life (Matthew 6:25a-30)

A. *The Context:* “Therefore” puts this part of the sermon in the context of a warning against covetousness (6:24). God has a great competitor: Money.

B. *The Command:* Christ did not say, “Be thoughtless.” He said, “Don’t be fretting anxiously.”

C. *The Cure:* Our heavenly Father will provide (6:25b-30).

1. Work like the birds who are always looking for food.
2. Don’t worry like birds who don’t worry. Because your heavenly Father will provide.

2. Stop Worrying About Material Possessions (Matthew 6:31-33)

A. *The reason for this command:* The unsaved worrying about possessions (6:32). The unsaved have the possession as the end of their life

B. *Another reason for this command:* The saved focus on serving God (6:33).

3. Stop Worrying About Tomorrow (Matthew 6:34)

A. *We plan for tomorrow* (Proverbs 6:6-8).

B. *We trust God for the future* (8:26; 14:31; 16:8; Luke 12:28)

C. *We serve today* (Psalm 118:24)